

Meet the team



An interview with Claudia Hebblewhite, one of our most versatile volunteers.



Claudia joined our team in July 2020. Since then she has been supporting our social media communications and has been a key team player promoting the Home Education Sessions and creating relevant content. Claudia has helped us to link our activities with national initiatives so we have reached new groups, families and home schooling networks via Facebook. She has visited the field a few times, is one of our veg box customers and at the beginning of the year also helped to start some tomato seeds.

If you are enjoying the recipes we have shared on Thursdays during the last two months or so, all the credit is for Claudia! A few times, she has used veg grown at Communigrow to prepare the recipes and also has used as inspiration some of the recipes shared by the team.

What inspired you to volunteer with Communigrow?

I had been searching for a volunteer position for a while and stumbled across Communigrow. I loved how passionate the volunteers were, it really shines through on their social pages and the charity also aligned with my own interests.

How do you support Communigrow? What does it involve?

I support Communigrow as a social media volunteer, helping out with creating posts for all their social channels which have included the Home Education Sessions, various awareness day posts, Monday updates and recipe posts.

What have you learnt while volunteering with us?

I've learnt so much whilst volunteering for Communigrow. All the volunteers who work at the field have a wealth of knowledge that they share. I've saved so many tips for when I start to grow my own vegetables next year. I've also learnt some practical skills such as sowing tomatoes for the field and how to kill some off, haha.

But above all, I've learnt so much about the marketing and social media side of the charity.

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Has volunteering made a difference to you? If so, how?

I've really enjoyed volunteering for Communigrow and it's made a huge difference to how I purchase my products. I am so much more aware of where my food comes from and the importance of supporting locally grown food.

Has your experience with Communigrow changed/shaped your views on healthy food, communities, wellbeing or any other aspects? If yes, how?

I've definitely realised the importance of supporting local food education charities. Communigrow's focus is all about teaching others how to grow their own food and the importance of reconnecting with nature, including sessions for young people. The work Communigrow is doing by educating others is helping the environment and allowing people to make healthier and smarter choices.

What advice would you give to anyone interested in volunteering?

Go for it. Whether you are thinking about volunteering in the field or volunteering remotely, Communigrow has been an amazing experience allowing me to learn from like-minded people and has taught me so many valuable skills.

What has been the most satisfying task you have been involved in?

I really enjoyed helping out with the tomato seed starting back in February. It was brilliant learning how to sow seeds for the first time and watching how quickly the tomatoes grew.

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