

Kent's Wellbeing Space of the Year



Kent
Mental
Wellbeing
Awards

kentmentalwellbeingawards.org.uk

WINNER 2023

Reconnect with your team on a COMMUNIGROW Get Away Day

Local charity

Communigrow is a sustainable food education charity based in East Malling. Through outdoor work & growing food sustainably, we promote physical & mental well-being. Working with SEN schools, schools & community groups we respond to issues including social isolation, green space & food poverty & mental wellbeing challenges.

Reconnect with your team

Get out of the office, find a new perspective, reconnect with your team & nature. Take part in one of our purposeful projects in the beautiful Kent countryside, while supporting communities & the environment. Soak up the sense of calm & well-being that working outside brings.

Fantastic Feedback

"Our Away Day was over & above my expectations - being involved with such a positive & enjoyable project. The guided tour was excellent & I learnt a great deal in a short amount of time. It was great to be able to give such crucial support to a local charity." KCC employee

If you would like to find out more,
please get in touch with
fundraising@communigrow.org.uk

Prices

Up to 10 people £200/£276 (half/full day)
Up to 20 people £320/£480 (half/full day)

getting active | well-being | community | healthy food | sustainability



info@communigrow.org.uk
www.communigrow.org.uk



Charity No. 1159534

