



## Communigrow Wish List 2024

Communigrow is a sustainable food education charity based in East Malling, Kent. We teach people how to grow food in a sustainable way, using organic methods and without chemicals on our environmentally friendly site. Our charity promotes the mental and physical health benefits of growing fresh produce, being active outside and being part of a supportive and inclusive community group.

We also champion the benefits of eating healthy, fresh produce with a field to fork cookery element in many of our sessions.

We work with the whole community, but have a particular focus on vulnerable or disadvantaged groups such as children, young people and adults with SEND, people experiencing bereavement, older adults and those with long term health conditions.

**Our charity relies on the generosity of organisations and individual donors. Can you help us by funding or providing any of the following items?**

### **1) Sponsor a Plot**

Individuals and businesses are able to sponsor a raised veg bed at Communigrow. Their donation will contribute to the planting and upkeep of the bed. Businesses can add a plaque to the plot they have sponsored for a small additional cost.

**Recommended sponsorship £100-300**

### **2) Event sponsorship**

#### ***Communigrow Bingo Night & Quiz Night***

These are fundraising and profile raising events taking place in Spring and Autumn 2025 in West Malling. We are looking for a business sponsor to cover the running cost of this event. Businesses sponsoring this event could have their logo on all print posters and digital promotional materials and have a stand at the event.

**Cost to run each event £500**

### **3) Gardening/Field School Equipment - donations in kind**

- Kneelers x 20
- Children's watering cans 2 litre x 10
- Children's gardening tools - trowels, forks, small hoes etc. x10
- Small bedding plants
- Children's gardening gloves (in a range of sizes) x 15
- Blood, fish and bone feed
- Good potting compost
- Multicell trays
- Short plant labels
- Plastic picnic plates/bowls for field to fork cookery sessions x30

### **4) Prizes for fundraising events - donations in kind**

- Raffle prizes
- Tombola items (e.g. bottles)
- Items to go in gardening/food hampers
- Small prizes for games (e.g. seeds, sweets, chocolate, bulbs, small plants etc.)
- Gardening gift sets
- Vouchers

### **5) Printing and signage for 2025**

We are looking for a print sponsor for 2024/25. This would include the business sponsor having their logo on our printed marketing materials and also the new educational signage for around the Communigrow site.

**Approximate cost £4000**

### **6) Electric power tools (powered from our solar panels) - Cost £300**

### **7) Electric hedge trimmer (powered from our solar panels) - Cost £400**

### **8) Solar Lighting for our Communished**

Our Communished is more than just a workshop, it's a place where volunteers, beneficiaries, staff can form friendships, find a sense of belonging and talk while completing practical tasks to support the charity.

**Cost for solar lighting £500**

## **11) Field to Fork Kitchen - Solar Panels**

Cooking produce grown at Communigrow is a hugely popular activity that really helps us to engage with children, families and individuals of all ages, abilities and income groups. It is something we all have in common – the need for food. With a growing need both for health and economic reasons we feel well placed to extend our 'Field to Fork' activities. Fostering a love and acceptance of growing and eating healthy food at a young age can build better health outcomes and psychological wellbeing for children.

Currently we use small induction hobs, with extension leads from our solar powered cabin, we can only run 2/3 hobs at a time which makes it hard to run group sessions and is unreliable due to competing power demands.

We have funding to create a 'Field Kitchen' in our field shelter and are looking to fund its solar power source.

### **Estimated Costs:**

**Solar Panels and wiring/sockets (outdoor standard) £13,000 - £14,000**