















Communigrow is a sustainable food education charity based in East Malling, Kent. We teach people how to grow food in a chemical free way in partnership with the natural world.

At our 2.5-acre environmentally friendly 'off grid' site, we use the sun for our energy, make our own compost and use a no-dig sustainable growing method.

Our charity promotes the mental and physical health benefits of gardening, being active outside and being part of a supportive and inclusive community group.

We also champion the benefits of eating healthy, fresh produce with a field to fork cookery element in many of our sessions.

We work with the whole community although a particular focus is on supporting vulnerable or disadvantaged groups: children, young people and adults with special educational needs, people experiencing bereavement, older adults and those with long-term health conditions.

Our charity benefits from the on-going support and generosity of organisations and individual donors through in-kind, monetary or probono support.

Our wish list below identifies resources that we need to maintain our services and support our beneficiaries while also helping the environment.

Can you help us by funding or providing any of the following items?

Email marketing@communigrow.org.uk to pledge your support













# Sponsor a Sustainable Growing Bed - a little step towards making a big change

Our no-dig growing beds allow soil-based biological systems to develop without being disturbed, cultivating the soil without us having to dig, using less water and releasing less CO2. Each bed has



its own growing plan – with the food it grows being used to support all our other healthy living education – and each one provides a new resource for the therapeutic work we do with both young people and adults. The outcomes for therapeutic gardening are fantastic, so each one of these beds represents an opportunity to improve local lives.

For more information on the benefits of no-dig, <u>visit the Royal Horticultural society</u> website.

Individuals and businesses can sponsor a vegetable bed at Communigrow.

Recommended sponsorship: £100, £200 or £300 for an annual plot sponsorship

























### Star Canopy replacement cover



Our summer star canopy is iconic to Communigrow, providing shade from the sun and shelter from the rain from March to October.

Raising it every spring is a favourite volunteer activity and marks the start of our growing season.

However, 7 years of windy weather has taken its toll and the cover is starting to split at the seams. It wouldn't be summer at Communigrow without the star canopy! The frame is fine, we just need a new cover.

£1400 will get us a new 12m Star roof in 470gm Skyline PVC, including delivery.













# **Weekend Family Workshop Funding**

These are sessions for local families with children, particularly those living on low incomes.

They aim to get participants active outside, boosting mental and physical health, and fostering a love of nature, caring for the planet and gardening.



Harvesting food from the field, preparing and tasting encourages children to try new vegetables and develop a love of healthy food.

Cost per session from £125

Cost to run 10 sessions from £1250













# Solar lighting for our Barn



Our woodcraft barn is more than just a workshop, it's a place where volunteers, beneficiaries and staff can form friendships, find a sense of belonging and talk while completing practical tasks to support the charity. Young people learn basic wood craft / DIY skills and build their confidence using hand tools.

Solar lighting will make the barn a safer place

for our woodworking activities, allow us to extend the times we can use the barn and keep all our power tools (currently in competition for our existing solar panels) fully charged!

Cost for solar lighting: £500













#### Field to Fork Kitchen – Solar Power

Cooking fresh produce grown at Communigrow is a hugely popular activity that really helps us to engage with children, families and individuals of all ages, abilities and income groups. Fostering a love and acceptance of growing and eating healthy food at a young age can build



better health outcomes and psychological wellbeing for children.

Currently we use small induction hobs, with extension leads from our solar powered cabin. This setup can only run 2/3 hobs at a time – making group sessions a challenge – and is unreliable due to competing power demands. We would like to create a 'Field Kitchen' in our field shelter with its own power source. A solar panel installation would enable us to expand our field to fork sessions, giving more people the opportunity to develop their cooking skills and improve their diets.

Estimated Costs: Solar Panels and wiring/sockets (outdoor standard) £11 000 – £12 000













## **Event sponsorship: Communigrow Quiz Night**



Business sponsors help cover the cost of these popular fundraising and profile-raising events that take place at the village hall in West Malling in Spring and Autumn 2025.

Sponsors have their logo featured on all print and digital promotional materials and have a stand at the event itself. The quiz is also a great opportunity to reach your local audience – we have more than 150 participants at each one – and are fun team-building exercises for your staff.

Cost to sponsor one quiz: £500 (for sole sponsorship)













# Gardening/Field School Equipment – donations in kind

Giving our beneficiaries the best experience involves constantly repairing or replacing our essential tools and equipment, items like:

- Gardening Kneelers x 20
- Children's watering cans 2 litre x 10
- Children's gardening tools trowels, forks, small hoes etc. x10
- Children's gardening gloves (in a range of sizes) x 15
- Biodegradable growing pots
- Reusable crockery for our field to fork sessions

Donate £ 100.00, £ 200.00 or £300















## Signage - to inspire and educate!



In 2025 we'd like to improve the signage around our gardens to better inspire and educate our visitors and learners. Signage would explain things like:

- How our Bee Bank habitat works and why bees are so important to the natural world.
- What insects and wildlife can be found around our wetland pond area and popular dipping platform.
- How our no-dig beds work and how visitors can start using these principles in their own green space at home.

We also need a lot of functional direction signage - labeling our different buildings, signs for our vegetable shop etc - and a large 'Welcome to Communigrow' sign with a map of all our gardens and an explanation of their purposes.

Sponsors will have their support acknowledged on our signs.

Approximate cost £4000 (or just sponsor one sign circa £ 250.00)













# Battery-powered electric chainsaw



You'd be surprised by the number of uses we have for a chainsaw on-site, but primarily we would use this to chop up waste wood material for use in our Yurt's log burner during the winter. It would also allow us to cut logs and lumber to similar size quickly so we can use them for fencing and wildlife habitat (bug hotels, log piles etc).

Stihl is our preferred brand (they made our electric strimmers and we love them).

1 electric chainsaw costs £412.92 including VAT.













## In-kind or pro bono donations

There are many diverse ways to help Communigrow. While the items on our wishlist are what staff have identified as the most pressing need, we gratefully welcome donations of time, skills and your business product.

#### In-kind donation might include:

- Donations of garden furniture
- Printing of our info/flyers
- Digital marketing support (money for direct campaigns, signal boosting)
- Prizes for our events, particularly our Open Day on July 5th 2025

#### Pro bono support might include:

- HR advice
- Legal advice
- IT solutions

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