



COMMUNIGROW

Get Away Days



Reconnect your Team

Get out of the office, find a new perspective, reconnect with your team & nature. Take part in one of our purposeful projects in the beautiful Kent countryside, while supporting communities & the environment. Experience calm & well-being at Kent's Wellbeing Space of the Year!



Local Charity

Communigrow is a sustainable food education charity based in East Malling. We promote physical & mental well-being through sustainable food growing activities. Our beneficiaries include children and young people with SEN, young carers, local schools, people from under-resourced communities, older adults at risk of social isolation, people experiencing bereavement, veterans and people with long term health conditions.



Fantastic Feedback

"Our Away Day was over & above my expectations - being involved with such a positive & enjoyable project. The guided tour was excellent & I learnt a great deal in a short amount of time. It was great to be able to give such crucial support to a local charity." KCC employee



To find out more, get in touch with fundraising@communigrow.org.uk

Prices:

Individuals £20
Up to 10 people £200/£276 (half/full day)
Up to 20 people £320/£480 (half/full day)

getting active | well-being | community | healthy food | sustainability



www.communigrow.org.uk | fundraising@communigrow.org.uk | Charity No. 1159534