



TEAM BUILDING DAYS AT COMMUNIGROW

Reconnect

Looking to energise your team and boost collaboration? Step out of the office and into a fresh environment. Our beautiful community garden in Kent offers a unique setting for purposeful, fun, and expertly facilitated team-building activities. Reignite team spirit, strengthen connections, and support a local / charity—all in one inspiring day.

A typical day, lunch included

Learn new skills from a choice of engaging morning activities; harvest, prepare and cook a delicious pizza lunch in the outdoor field kitchen using our chemical free, sustainably grown produce; after lunch help out with one of our key projects to support and develop our charity.

Testimonial

“What a fantastic day at a wonderful charity! It was so great to spend the day together as a team and away from our screens in the beautiful Communigrow garden. Your whole team is so friendly and knowledgeable, and has inspired us to think and act more sustainably at work and at home.”

Lisa Box, Director, Kings Hill Management

About Communigrow

Communigrow is a sustainable food education charity based in East Malling. We promote physical and mental well-being through sustainable food growing activities. A team building day at Communigrow helps provide funds to support the work we do with our diverse beneficiaries including young people with SEN and vulnerable adults.

Choose one of the following morning activities:



Tataki-zome - learn the Japanese art of flower bashing, taking inspiration from the beautiful plants around you to create a stunning print on cotton tote bags.



Grow Your Own - learn all you need to grow chemical free, sustainably produced food in this practical workshop taught by our RHS qualified Head Community Gardener, Gavin.



Pond Dipping - discover the joy of pond dipping with our Field School Manager Naomi. Definitely not just for children, this fascinating exploration of life underwater is both informative and fun!

**Get in touch with marketing@communigrow.org.uk
£100 per person (groups of 6-12 people)**



sustainability | wellbeing | community | healthy food | getting active | charity

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