



COMMUNIGROW Get Away Days

Reconnect your Team

Get out of the office, find a new perspective, reconnect with your team & nature. Take part in one of our purposeful projects in the beautiful Kent countryside, while supporting communities & the environment. Experience calm & well-being at Kent's Wellbeing Space of the Year!

Local Charity

Communigrow is a sustainable food education charity based in East Malling. We promote physical and mental wellbeing through sustainable food growing activities. Our beneficiaries include children and young people with SEN, young carers, local schools, people from under-resourced communities, older adults at risk of social isolation, people experiencing bereavement, veterans and people with long term health conditions.

Fantastic Feedback

"Our Away Day was over & above my expectations - being involved with such a positive & enjoyable project. The guided tour was excellent & I learnt a great deal in a short amount of time. It was great to be able to give such crucial support to a local charity." KCC employee



To find out more, get in touch with
fundraising@communigrow.org.uk

Price for 2026:

Teams of up to 12 people £360
(5 hour day) - includes hot drinks & cakes

getting active | well-being | community | healthy food | sustainability



www.communigrow.org.uk | fundraising@communigrow.org.uk | Charity No. 1159534